

ALL-METRO GIRLS SOCCER

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FIRST TEAM



Emily Hahn

Verdigris • Sophomore

Had game-winning goal in the Class 4A title game and semifinal victory for the Cardinals, and helped Verdigris finish 17-0.



Stephanie Aitken

Union • Senior

Two-year captain and finished her senior season with 21 goals and 5 assists. The forward will play soccer at Tulsa next season.



Whitney Brannan

Victory Christian • Junior

Scoring machine had a hand in 33 (26 goals, 7 assists) of Victory's 36 goals this season, and recorded a hat trick in four regular-season matches.



Rachel Harris

Owasso • Sophomore

Sweeper anchored a stingy, young defense that beat Bishop Kelley, Jenks, Cascia Hall, Booker T. Washington and Edison.



Bradi Hinch

Jenks • Junior

Forward scored team-high 10 goals for the Class 6A champion Trojans, including a pair of scores in a win over two-time defending champ Union.



Kristen Kelley

Bishop Kelley • Junior

Named to all-metro team for third season, the forward had a solid campaign, ending with 20 goals and 24 assists for the Comets.



Megan Marchesano

Bixby • Senior

Midfielder has dazzled opponents since her freshman season with her savvy. Oklahoma State signee ended with 11 goals and 4 assists in 2009.



Katie Matuska

Broken Arrow • Senior

Goalkeeper helped team advance to the 6A semifinals with a heroic effort despite injury to knock out Union in the quarterfinals.



Kayla Nsien

Booker T. Washington • Junior

Forward started playing soccer in 2009 and used her athleticism up top to finish with 20 goals and 13 assists for the Hornets.



Catherine Parish

Jenks • Senior

Northwestern signee (8 goals, 10 assists) was the anchor of a young Trojans squad that picked up its ninth state championship, just one off the state record.



Alex Starrett

Bishop Kelley • Junior

Named to all-metro team for the second straight season. Had 26 goals and 13 assists. She ranks second all-time in scoring for Kelley.

COACH OF THE YEAR

Stacy Risenhoover

Verdigris

Led the Cardinals to an unbeaten season (17-0) in her fourth year as coach. Risenhoover's squad won the first girl's state championship in school history.

HOW THE TEAM WAS SELECTED

Nomination forms were e-mailed to metro coaches on a daily basis, asking for nominations from their respective schools, as well as other teams. Coaches were consulted on the metro player of the year picks, and players in grades 9-12 were eligible. Tulsa World sports writer Eric Bailey made the final decision on All-Metro selections.

PLAYER OF THE YEAR: VERDIGRIS' EMILY HAHN



Emily Hahn scored 34 goals to help Verdigris go 17-0. CORY YOUNG/Tulsa World

Shooting star lifts Cardinals to gold

■ Hahn's 34 goals led Verdigris to its first girls state championship.

BY ERIC BAILEY
World Sports Writer

VERDIGRIS — Masked behind Emily Hahn's engaging smile is the competitive spirit of a champion.

Hahn netted 34 goals in the regular season and playoffs — tops in north-eastern Oklahoma this season — to help vault Verdigris to a undefeated 17-0 record and the Class 4A state championship this season.

It wasn't just the high number of goals, but the importance of those scores that makes her the Tulsa World's girls metro player of the year.

Hahn scored the game-winning score in the title game against Metro Christian. She scored on an overtime penalty kick against Heritage Hall to move the Cardinals into the championship game. And she downed Metro in the district championship game with a clutch second-half goal.

When asked about her nose for the net, she dished attention to Verdigris teammates.

"We read each other really well," said Hahn, who had 21 goals in her freshman campaign. "I will just let off a scream and a perfect ball would be there one second later. If I didn't finish, I would look stupid."

Verdigris coach Stacy Risenhoover said that in many matches, Hahn was double- and triple-teamed.

"She just has the ability to know when to keep the ball or pass it off to a teammate," Risenhoover said. "Her ability to finish is strong ... she loves the challenge, any size challenge, whether it's big or small."

Hahn takes special pride in helping to

HISTORY

■ Player of the year

2009: Emily Hahn, Verdigris

2008: Katie Bykowski, Bishop Kelley

2007: Katie Bykowski, Bishop Kelley

2006: Shannon McCabe, Jenks

2005: Rebecca Allen, Jenks

■ Coach of the year

2009: Stacy Risenhoover, Verdigris

2008: Richard Verge, Union

2007: Jose Fernandez, Union

2006: Mark Shannon, Cascia Hall

2005: Troy Tokarchik, Bishop Kelley

bring her small school its first girls state championship.

"Everyone thinks Verdigris is a basketball school," she said. "We did this with people that grew up together here their whole lives."

"This was really big and puts us on the map for more than one thing."

Hahn had a sophomore season she won't forget, which also includes an early verbal commitment (along with twin sister and Verdigris keeper Abby Hahn) to play soccer at the University of Tulsa.

"Overall, you should pick the place where you go because of the college, not just the soccer," Emily Hahn said. "But both are incredible."

There are still two years between high school's completion and college. And the bar has been set high at Verdigris, which will enter 2010 as the defending state champion with a state-best 17-match win streak.

"Pretty much anything else (than another state title) would be a disappointment," Hahn said. "We're going to work our hardest and keep doing what the coach says."

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EMILY HAHN

Season highlight: "I would probably have to say the Heritage Hall game, the penalty kick at the end. That was a big high. I didn't know where I was shooting. I just kept my head down and shot to one of the corners."

Verdigris coach Stacy Risenhoover: "She's an important part of our team, on and off the field. She leads by example ... she is always encouraging and leads us in prayer before games. She'll be a great leader in the years to come."

About Hahn: She has a 3.8 grade point average and was a student council treasurer last season. She is active in the First Baptist Claremore youth group.

Favorite soccer player: "(English forward)

Wayne Rooney. He's not the best at skills like Reynaldo, but his build is more like mine and he has drive. He'll outthrust anybody on the field and finish."

Best high school memory: "The state championship game. At the beginning of the year, everyone thought we'd be good, but no one really believed it. Everyone simply thought Verdigris was a basketball school."

Fun fact: Emily Hahn is the younger twin sister of Abby Hahn. Hahn was an outstanding goalkeeper for the Cardinals this season. Emily Hahn is also the only member of her soccer-playing family to not play goalkeeper.

Guilty pleasure: "I spend a lot of time on Facebook. The only time I'm not on Facebook is when I'm with my boyfriend or family or at church or soccer."

HOGS:

Keuchel and the Razorbacks have not lost a game this postseason.

FROM B1

game of big series.

"Watching Schmidt on Friday nights," Keuchel said. "His composure and bulldog attitude kind of helped me."

Keuchel has pitched 98 innings this season and has a 7-3 record and 4.04 ERA. His numbers have improved from his sophomore year, when he was 4-3 with a 4.72 ERA.

"You have to tell yourself, you are good enough to do what you want to do. That's why you are here at Arkansas," Keuchel said. "I went into last summer knowing I had to work on mental toughness."

Keuchel started Arkansas' opening game in an NCAA regional in Norman and the opener of a super regional at Florida State. The Razorbacks are 5-0 in the postseason and 39-22 overall.

"Dallas has got enough experience, where he is going to hang in there," Arkansas pitching coach Dave Jorn said. "He has been bending a little bit but he has not broken. He's going to give you six innings just about every time out."

Well, he only went four

"This is an amazing feeling I wouldn't trade for anything. ... We're happy, but we want to win the thing."

Dallas Keuchel

innings in his last start, but put an asterisk by it. In last Friday's 7-2 super regional victory over Florida State, Keuchel had a 2-1 lead when he and FSU starter Sean Gilmartin were removed from the game after the second of two rain delays.

"Definitely the weirdest start in my life," Keuchel said.

Keuchel is disturbed that

he hasn't thrown gems lately. Van Horn attributes it possibly to velocity-reducing fatigue. Keuchel said his mechanics might be the problem, along with sometimes having too much adrenaline, which results in pitches rising in the strike zone.

He gets an extra day to rest and test between his super regional and College World Series debuts.

"We have a long week," Keuchel said. "So I have got some time to feel some things out."

He also has time to ponder the fact that the Hogs are in the College World Series.

"This is an amazing feeling I wouldn't trade for anything," Keuchel said. "... We're happy, but we want to win the thing."

Kansas State suspends pair of administrators

BY DOUG TUCKER
Associated Press

KANSAS CITY, Mo. — Kansas State suspended two longtime athletic administrators Wednesday but refused to say why.

Speculation arose whether the suspension with pay of Jim Epps and Bob Cavallo had anything to do with the controversial and allegedly secret agreement to funnel \$3.2 million to fired football coach Ron Prince, which the school has challenged in court.

When asked if the suspensions were related to the

Prince controversy, athletic director John Currie referred to a statement the school was in the process of sending out.

"What I can tell you is all I can tell you," Currie said in a telephone interview. "The second sentence of our statement is pretty instructive."

The second sentence states, "This decision is not based upon any concerns about misconduct on the part of either individual."

Epps is in charge of daily internal operations as deputy athletic director. Cavallo is the associate athletic director for business operations.

ROSTERS

First team

Player, School	Cl.	Position
Stephanie Aitken, Union	Sr.	Forward
Whitney Brannan, Victory Chr.	Jr.	Forward
Emily Hahn, Verdigris	Soph.	Forward
Rachel Harris, Owasso	Soph.	Defender
Bradi Hinch, Jenks	Jr.	Forward
Kristen Kelley, Bishop Kelley	Jr.	Forward
Megan Marchesano, Bixby	Sr.	Midfielder
Katie Matuska, Broken Arrow	Sr.	Goalkeeper
Kayla Nsien, BTW	Jr.	Forward
Catherine Parish, Jenks	Sr.	Midfielder
Alex Starrett, Bishop Kelley	Jr.	Midfielder

Coach: Stacy Risenhoover, Verdigris

Second team

Player, School	Cl.	Position
Andrea Carlson, Jenks	Sr.	Forward
Claire Detter, Claremore	Sr.	Defender
Abby Hahn, Verdigris	Soph.	Goalkeeper
Hayley Keown, BTW	Sr.	Midfielder
Hillary O'Dell, Metro Christian	Jr.	Forward
Sami Pesek, Owasso	Sr.	Forward
Amy Petrikin, Bishop Kelley	Jr.	Forward
Leslie Rowland, Broken Arrow	Jr.	Forward
Allison Rucinski, Union	Sr.	Defender
Mallory Schaub, Verdigris	Jr.	Forward
Allison Tipton, Metro Christian	Sr.	Midfielder

Honorable mention

Bishop Kelley: Raquel Chavez, Mandy McCrory

Booker T. Washington: Caroline Bennett, Eliza

Drew, Rachel Johnson

Broken Arrow: Jennifer Gilbert, Jessica Sisney

Catoosa: Bryttini Barnes

Claremore: Mackenzie Cooper, Jordan Harris, Brit-tany McDonald, Miranda Thorne

East Central: Previona Dixon, Nga Vo

Edison: Ali Bloomfield

Memorial: Casey Smith

Metro Christian: Danielle Avis, Emily Langston, Julia Lapo, Addie Tipton

Owasso: Taylor Brooks, Jordan Hendrickson

Sapulpa: Ashley Gordon, Shelbi Lousch, Madison Mercado

Summit Christian: Deanna Few, Logan Pittman

Union: Jennifer Abernathy, Courtney Morris

Verdigris: Mallorie Adams, Katie Bunch

ALL-STATE GAMES

When: Thursday-Saturday

Where: Moore High School

Schedule: Class 4A Thursday, Class 5A Friday, Class 6A Saturday. Girls matches will be at 6 p.m. each day, followed by the boys matches at 8.

Admission: \$5 adults, \$3 students

6A Girls East

Kourtney Egge, Union; Amber Sumpter, Stillwater; Ashley Edwards, Bartlesville; Jessica Hyslop, Sapulpa; Jordan Hutchinson, Edmond North; Jessica Turner, Ponca City; Claire Detter, Claremore; Allison Rucinski, Union; Madison Field, Stillwater; Sadie Hull, Ponca City; Samantha Carithers, Bartlesville; Brittney McDonald, Claremore; Pamela Perez, Tahlequah; Catherine Parish, Jenks; Allison Hall, Sapulpa; Lindsey Webb, Stillwater; Brooke Beatty, Sapulpa; Julia Nimal, Owasso; Andrea Carlson, Jenks; Sami Pesek, Owasso; Stephanie Aitken, Union. **Coach:** Brian Elliott, Union.

6A Girls West

Jasmine Simmons, Edmond Santa Fe; Ashley Andersen, Mustang; Brittany King, Edmond Santa Fe; Brenna Skille, Mustang; Taylor Brown, Norman; Angela Ford, Putnam City North; Megan Watkins, Edmond Memorial; Addie Ryan, Edmond Memorial; Abby Means, Putnam City North; Caroline Hawkins, Norman; Shelby Rackley, Yukon; Melissa Addington, Mustang; Justine Young, Lawton; Britnie Dubala, Westmoore; Caitlin Mooney, Edmond Santa Fe; Amanda Holford, Westmoore; Angela Pete, Edmond Santa Fe; Stephanie Smith, Midwest City; Adrienne Junghanns, Midwest City; Abbey Swift, Yukon. **Coach:** Larry Truesdell, Edmond Santa Fe.

5A Girls East

Hannah Bennett, Booker T. Washington; Kristi Flute, Stilwell; Jacqueline Bell, Bishop Kelley; Eliza Drew, Booker T. Washington; Brit-tany Barnes, Catoosa; Jessica Bruner, Stilwell; Brianna Luis, Edison; Lydia Pounds, Bishop Kelley; Ali Bloomfield, Edison; Shana MacLeod, Skiatook; Megan Marchesano, Bixby; Annie Vallandingham, Shawnee; Ashley Pearce, Coweta; Sarah Cochlin, Pryor; Akela "Megan" Young, Catoosa; Sarah Osborn, Bixby; Sarah Jackson, Skiatook; Hayley Keown, Booker T. Washington; Rachel Sordahl, Pryor; Stephanie Fulton, Collinsville. **Coach:** Chris Chilcoat, Coweta.

5A Girls West

Amy Witt, Chickasha; Jennifer Taber, Carl Albert; Kaija Morris, Durant; Niku Bayattar, Ada; Lacy Key, Noble; Morgan Swink, Guthrie; Karen Moreno, Northwest Classen; Melissa McLaws, Edmond Deer Creek; Miranda Kell, Chickasha; Kayla Brosius, Chickasha; Katie Boydston, Durant; Cara Ciburn, Ada; Nawal Kirts, Carl Albert; Megan Gattis, Altus; Erika Griffith, Lawton MacArthur; Kassie Shivers, Noble; Amy Grow, Deer Creek; Brittini Walker, Carl Albert; Brittany Ensign, Guthrie; Karissa McClain, Altus. **Coach:** Ron Norman, Durant

4A East Girls

Mallory Anthony, Inola; Megan Fuller, Claremore Sequoyah; Bail-ee Tullis, Grove; Patricia Wilmer, Victory Christian; Allison Tipton, Metro Christian; Ashley Gilliam, Porter; Sara Collins, Oologah; Kay-cee Allbritton, Verdigris; Abby Susman, Metro Christian; Mallory Overton, Oologah; Tara Allison, Poteau; Bridget Dornblaster, Cascia Hall; Casey Easley, Cascia Hall; Brennan Miller, Fort Gibson; Ashley Barnes, Drumright; Megan Lanning, Wagoner; Kayla Beene, Porter; Savannah Cook, Drumright; Lindsey Pharr, Westville. **Coach:** Kristin Lowe, Metro Christian.

4A West Girls

Samantha Courtney, McCloud; Rachel Nowlin, Elk City; Maristela Ramirez-Cibes, Cache; Lexi Gregg, Cordell; Brittany Bordine, Elk City; Kayla Cassel, Elk City; Desirae Butts, Kingfisher; Kelsey Yarbrough, Woodward; Kelsey Turner, Cordell; Jaime Roman, Bishop McGuinness; Morgan Ray, Bishop McGuinness; McKenzie Redwine, Bethany; Abigail Del Angel, Madill; Taylor Robinson, Heritage Hall; Mackenzie Carder, Weatherford; Jennifer Wiest, Cordell; Mallory Ross, Woodward; Brittany Bunch, Cache; Cat Rawls, Heritage Hall; Cecilia Gamboa, Guymon. **Coach:** Tommy Riley, Heritage Hall.